



## Datos básicos de la asignatura

<b>Titulación:</b>	Máster Universitario en Gestión y Desarrollo de Recursos Humanos
<b>Año plan de estudio:</b>	2018
<b>Curso implantación:</b>	2018-19
<b>Centro responsable:</b>	Facultad de Ciencias del Trabajo
<b>Nombre asignatura:</b>	Team Building Process
<b>Código asignatura:</b>	51770022
<b>Tipología:</b>	OPTATIVA
<b>Curso:</b>	1
<b>Periodo impartición:</b>	Cuatrimestral
<b>Créditos ECTS:</b>	2
<b>Horas totales:</b>	50
<b>Área/s:</b>	Psicología Social
<b>Departamento/s:</b>	Psicología Social

## Objetivos y competencias

The course is devoted to teach on the latest methodologies and strategies being used to foster groupness and teamwork performances in highly changing working environments. Key processes in teamwork will include team design and workflow composition, communication networks, integrative versus divergent forces, member's coordination and conflict resolution, among others. Special attention is given to modern teamwork arrangements under the scope of the so-called agile methodology (scrums) in comparison with traditional approaches (T-groups, quality circles, self-managed teams, task forces, TBL, virtual teams, etc.). Specific software dealing with the study, assessment, and management of teams will also be trained.

## Contenidos o bloques temáticos

### CONTENTS

#### 1- WORKING WITH TEAMS

##### 1.1- TEAM BUILDING

##### 1.2- EFFECTIVENESS MEETINGS

##### 1.3- BUILDING TRUST



2- RESPECT

2.1. SELF-AWARENESS

2.2. MULTIPLE PERSPECTIVES

2.3. ACCOUNTABILITY

3- MAXIMIZING PRODUCTIVITY

3.1. SETTING GOALS

3.2. BEING PROACTIVE

3.3. TIME MANAGEMENT

4- WORKING WITH OTHERS

4.1. SHARING INFORMATION

4.2. ACTIVE LISTENING

4.3. FEEDBACKS

## Actividades formativas y horas lectivas

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Actividad	Horas
B Clases Teórico/ Prácticas	10

## Metodología de enseñanza-aprendizaje

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The course is geared towards the learning-by-doing approach and embedded in team-based interactions. Thus, a variety of methodologies will be used, including lecture/presentation, discussions, debates, group work, video discussions, question and answers, demonstrations, practical sessions (hands-on practice), small and large group exercises, and/or role plays and simulations.

No final exam is scheduled. Continuous assessment process will be used to account for individual and/or group overall contributions in each session.



## Sistemas y criterios de evaluación y calificación

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- Active class participation in proposed team activities or group dynamics (50% of total course grade).
- Multiple-choice individual test at the end of session (50%)